

TOOTH EXTRACTION AFTERCARE



FIRST 24 HRS

Pain Control

Take whatever your dentist recommends



Bleeding

Bite down on some clean gauze/cloth, if necessary

DO NOT

- Take very hot drinks
- Use a straw
- Rinse out your mouth
- Exert yourself
- Smoke or drink alcohol

AFTER 24 HRS

Pain Control

Continue as necessary



Lukewarm Salt Water

Gently rinse several times a day for 4-5 days



If you have any concerns/problems or if the pain worsens...

Ask Your Dentist



Dr GP Visser
Dr Abe Landman
poole@the-olab.com
01202 601007

